

Melissa Bouvier, Director

June 2026

GLOCESTER SENIOR CENTER



June News

1210 Putnam Pike , Chepachet, RI 02814 401-567-4557 www.glocesterri.org

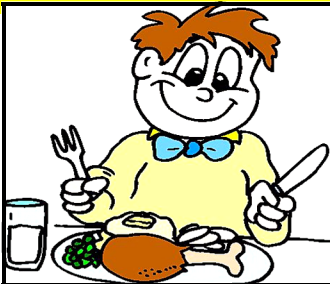
ATEL

One on one
tech support
June 18th
9:00am to
11:00am

LUNCH Reservations

Must be made by
Wednesday the week be-
fore you wish to eat.

(401) 567-4557



*****Reminder*****

Please do not come to the Center if you are sick or have any symptoms such as fever, chills, coughing, sneezing, runny nose or a sore throat.

THANK YOU



I would like to extend a heartfelt Thank you to all who made our Spring Craft and Vendor Fair such a success. From everyone who donated items for the gift baskets and the bake & plant sale to those that hung signage around town and requested donations from local businesses. Our sewing group who works all year hand crafting beautiful items and our beautiful raffle basket team. I certainly can't forget our amazing Fair Committee who brought forward their ideas and volunteered of their time. Also all those who helped with the set up and take down. It always amazes me what a giving and helpful community we have built within these walls. It feels more like family, and that is so special! We raised over \$3800- for our Center. These funds are used for special activities and to purchase supplies. Thank you all so very much!!

LET'S HAVE SOME FUN!!!



Glocester Senior Center Book Discussion 2026
Second Wednesday of the month at 1:00pm

June 10 Remarkably Bright Creatures by Shelby Van Pelt

Summer Break

Jewelry Making with Donna

June 16th at 10:00 am
Space is limited RSVP with Melissa



Dinner Meet Up

June 25th

Sam's Inn

Reservations are at 4:00 pm
Please RSVP with Melissa for reservation purposes.



Crafting with Roseann


Thursday, June 25th at 10:00 am

Have fun while making a Beautiful craft as displayed at the greeters station.

Space is limited so reserve your spot ASAP.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 #1 Navy bean soup Shepards pie Mashed potatoes Mixed vegetables Chocolate cookies #2 Chicken salad sandwich	2 #1 Vegetable lentil soup Chicken fajita w/peppers & onions Spanish rice/Sour cream Tortilla Fresh fruit #2 Tuna salad plate	3 #1 Vegetable barley soup Sloppy Joe Potato Wedges Green beans Cookies #2 Greek salad w/ Chicken	4 #1 Tomato soup Roasted Turkey w/gravy Bread stuffing Mixed vegetables Chocolate cake #2 Italian chopped salad	5 #1 Chicken soup Baked fish Cole slaw Parsley potatoes Peaches #2 Roast beef on roll
8 #1 Escarole & bean soup Chicken marsala Rice pilaf Roasted root vegetables Tropical fruit #2 Ham & cheese on wheat	9 #1 Chicken & rice soup Pub burger w/cheese Sliced potatoes Cole slaw Oatmeal raisin cookie #2 Chef salad	10 #1 Tuscan lentil soup Greek chicken thighs Sliced carrots Lemon roasted potatoes Mixed fruit #2 Turkey & bacon on wheat	11 #1 Carrot soup Pork roast w/gravy Mixed vegetables Sweet potatoes Cake #2 Chicken salad on rye	12 #1 Tuscan white bean soup Meatball & pepper sandwich 3 bean salad Pasta salad Sliced apples #2 Egg salad plate
15 #1 Vegetable soup French onion chicken Sweet mashed potatoes Roasted zucchini w/tomatoes Sliced peaches #2 Corn beef on rye	16 #1 Chicken escarole soup Swedish meatballs Italian vegetables Mashed potatoes Chocolate cake #2 Greek salad w/chicken	17 #1 Creamy vegetable soup Sausage & pepper sandwich Pasta salad Green beans Tropical fruit #2 Egg salad on rye	18 Fathers Day #1 Lentil vegetable soup Roast beef w/mushroom gravy Carrots w/broccoli Baked potato Cup cakes	19 Closed in Observance of Juneteenth Independence
22 #1 Mushroom barley soup Lasagna roll up w/meat sauce California blend vegetables Garlic bread Fruit cocktail #2 Ham cheese on rye	23 Pizza	24 #1 Creamy cauliflower soup Lemon chicken Potatoes O'Brien Mixed vegetables Sliced pears #2 Italian grinder	25 #1 Chicken & rice soup Meatloaf w/gravy Mashed potatoes Buttered corn Cake #2 Tuna salad plate	26 #1 Lentil vegetable soup BBQ Chicken sandwich 3 bean salad Mixed fruit #2 Cobb salad
29 #1 Meatball soup Chicken cacciatore Roasted potato Italian green beans Fresh Fruit #2 Ham salad on rye	30 #1 Tuscan vegetable soup Baked pasta w/sausage & meatballs Greek cucumber salad Tropical fruit #2 Tossed salad w/chicken	Rethink Your Drink Sugary drinks are the leading source of added sugars. These drinks can lead to health problems. Such as weight gain, obesity, type 2 diabetes, heart disease, cavities & gout.	Dinner rolls are served with all meals	All menu items may contain nuts, seeds, beans, wheat bran, and other allergens. Funded in part by the US Administration on Aging and The Rhode Island Office of Healthy Aging.

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	2. Chair Yoga.....9:15 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Zumba Gold.....? Bingo.....1:30	3. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	4. Chair Yoga.....9:15 Pastel Art.....10:30 Hi Lo Jack.....1:00	5. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney.....12:30 Cribbage.....1:00 Bingo.....1:30
8. Co. line dance.....9:30 Sewing Class.....10:00 Medicare fraud and Abuse11:00 Hi/ Lo Jack1:00 Scrabble.....1:00	9. Chair Yoga.....9:15 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Zumba Gold.....1:00 Bingo.....1:30 Corn hole.....2:15	10. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Book Club.....1:00 Knitting.....2:00 KWV meeting.....2:00	11. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation,.....10:30 Hi Lo Jack.....1:00	12. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney.....12:30 Cribbage.....1:00 Bingo.....1:30
15. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	16. Chair Yoga.....9:15 Jewelry with Donna.....10:00 Water color.....10:30 Unclaimed property.....10:30 Move it or lose it.....NO Zumba Gold.....1:00 Samba.....1:00 Bingo.....1:30	17. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	18. Chair Yoga.....9:15 Pastel Art.....10:30 Father's Day Luncheon.12:00 Hi Lo Jack.....1:00 Dinner Trip.....4:00	19. 
22. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	23. Chair Yoga.....9:15 Water color.....10:30 Move it or lose it.....NO Samba.....1:00 Zumba Gold.....1:00 Bingo.....1:30 Corn hole.....2:15	24. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....NO Cribbage.....1:00 Knitting.....2:00	25. Chair Yoga.....9:15 Crafting with Roseann...10:00 Pastel Art.....10:30 Meditation,.....10:30 Hi Lo Jack.....1:00 Dinner Trip.....	26. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30
29. Co. line dance.....9:30 Sewing Class.....10:00 Vial of Life.....12:45 Hi/ Lo Jack1:00 Scrabble.....1:00	30. Yoga.....9:15 Water Color.....10:30 Move it or lose it.....NO Zumba Gold.....1:00 Samba.....1:00 Bingo.....1:30 Cornhole.....2:15			



In the moment of a Medical Emergency,
Will you be prepared?

Join us on Monday June 29th at 12:45

Chepachet Fire and EMS presents a short free of charge presentation on the **Vial of Life Program**.

So often, important medical information isn't available when medics arrive and precious time is lost searching for the answers before action can be taken. Find out how to maximize patient care in the event of a medical emergency.

All are welcome, join us...it could help to save you or a loved ones life!

Protect yourself from Medicare Fraud



June 8th @ 11:00am

In recognition of Medicare Fraud and Abuse Week, Guy Boulay, SHIP counselor, will be offering a presentation on these important topics.

Please RSVP with Melissa if you plan to attend.

For anyone who has a personal issue related to these topics and would prefer to discuss it privately, an appointment can be made to meet with the SHIP counselor.

Father's Day Luncheon

June 18th at Noon

Lentil vegetable soup

Roast Beef with mushroom gravy

Carrots with broccoli

Baked potato

Cup cake

Sign up today, space is
limited.



Unclaimed Property

Search

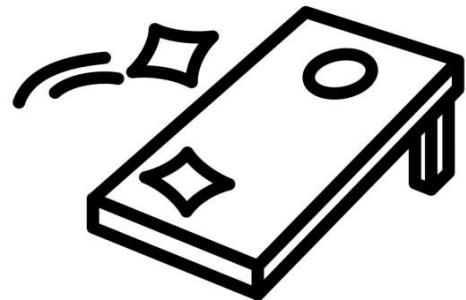
June 16th 10:30-1:30

Each year, the Treasurer's office recovers unclaimed cash and assets from businesses, banks, landlords, safe deposit boxes and utility companies. The property is kept safe until it can be returned to its rightful owner. More than 300,000 Rhode Islanders have property waiting to be returned to them, and many don't even realize it. Stop by to see if that might include you.

Corn Hole

is Back

Tuesdays at 2:15 pm





Glocester Senior Center Presents Essex Steam Train & Riverboat

~Thursday, August 13, 2026 ~
\$165.00 Per Person

Your Motor Coach Will Depart:
9:15AM– Glocester Senior Center
Approximate Return: 4:45pm

ALL ABOARD! Join us a special Rail & Sail in Essex, Connecticut. Upon arrival, we will board at the Essex Station where we will enjoy lunch on board a dining car while you take scenic train excursion traveling by beautiful countryside as you pass by meadows and farms. Choice of Beef Short Rib, Chicken Cacciatore or Roasted Portabella Mushroom. The train travels along the Connecticut River to Deep River. Upon arrival at the Deep River Station, you will board the Riverboat for a relaxing ride along the Connecticut River. Admire the picturesque views that surround the river! Book Today!

Please reserve no later than July 13, 2026 No Refunds after July 13, 2026

Contact: Melissa Bouvier (401-567-4557) / Check payable to: Glocester Senior Center
Essex Steam Train, August 13, 2026/Full Payment & Meal Choice due upon reservation.

Name: _____

Phone: _____ Address: _____

Emergency Contact:

Name _____ Phone: _____

Booking your trips through the Glocester Senior Center helps to support our activities

TRIP OPERATED BY BLOOM TOURS



Glocester Seniors Presents.....

~Fall in Love with Massachusetts~

Tuesday, September 8, 2026
\$110 per person

Your Motorcoach Will Depart:
8:00AM - Glocester Senior Center
Returns Approximately - 4:45PM

Our first stop this morning will be at the Red Apple Farm! The orchard is situated at 1,250 foot elevation, which makes their apples extra crisp and colorful. They are the highest elevation orchard in New England! While at the farm enjoy a Apple Cider Donuts. Their quaint Country Store shelves are overflowing with unique New England finds. Our next stop is The Old Mill Restaurant located in Westminster is noted for tempting foods served in a setting of rare charm. Lunch is a choice of Roast Stuffed Chicken Breast or Yankee Pot Roast accompanied by a potato, vegetable, corn fritter, coffee, tea and Apple Crisp with whipped cream for dessert. After lunch, we will continue our journey with a stop at Kimball Farms. Enjoy some apple cider or shop in their store.

Please reserve no later than August 8, 2026 No Refunds after August 8, 2026

Contact: Melissa Bouvier (401-567-4557) / Check payable to: Glocester Senior Center
Fall in Love with Massachusetts, September 8, 2026/Full Payment due upon reservation.

Name: _____

Phone: _____ Address: _____



Emergency Contact:

Name _____ Phone: _____

Booking your trips through the Glocester Senior Center helps to support our activities

Trip Operated by Bloom Tours