

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 #1 Navy bean soup Shepards pie Mashed potatoes Mixed vegetables Chocolate cookies #2 Chicken salad sandwich	2 #1 Vegetable lentil soup Chicken fajita w/peppers & onions Spanish rice/Sour cream Tortilla Fresh fruit #2 Tuna salad plate	3 #1 Vegetable barley soup Sloppy Joe Potato Wedges Green beans Cookies #2 Greek salad w/ Chicken	4 #1 Tomato soup Roasted Turkey w/gravy Bread stuffing Mixed vegetables Chocolate cake #2 Italian chopped salad	5 #1 Chicken soup Baked fish Cole slaw Parsley potatoes Peaches #2 Roast beef on roll
8 #1 Escarole & bean soup Chicken marsala Rice pilaf Roasted root vegetables Tropical fruit #2 Ham & cheese on wheat	9 #1 Chicken & rice soup Pub burger w/cheese Sliced potatoes Cole slaw Oatmeal raisin cookie #2 Chef salad	10 #1 Tuscan lentil soup Greek chicken thighs Sliced carrots Lemon roasted potatoes Mixed fruit #2 Turkey & bacon on wheat	11 #1 Carrot soup Pork roast w/gravy Mixed vegetables Sweet potatoes Cake #2 Chicken salad on rye	12 #1 Tuscan white bean soup Meatball & pepper sandwich 3 bean salad Pasta salad Sliced apples #2 Egg salad plate
15 #1 Vegetable soup French onion chicken Sweet mashed potatoes Roasted zucchini w/tomatoes Sliced peaches #2 Corn beef on rye	16 #1 Chicken escarole soup Swedish meatballs Italian vegetables Mashed potatoes Chocolate cake #2 Greek salad w/chicken	17 #1 Creamy vegetable soup Sausage & pepper sandwich Pasta salad Green beans Tropical fruit #2 Egg salad on rye	18 Fathers Day #1 Lentil vegetable soup Roast beef w/mushroom gravy Carrots w/broccoli Baked potato Cup cakes	19 Closed in Observance of Juneteenth Independence
22 #1 Mushroom barley soup Lasagna roll up w/meat sauce California blend vegetables Garlic bread Fruit cocktail #2 Ham cheese on rye	23 Pizza	24 #1 Creamy cauliflower soup Lemon chicken Potatoes O'Brien Mixed vegetables Sliced pears #2 Italian grinder	25 #1 Chicken & rice soup Meatloaf w/gravy Mashed potatoes Buttered corn Cake #2 Tuna salad plate	26 #1 Lentil vegetable soup BBQ Chicken sandwich 3 bean salad Mixed fruit #2 Cobb salad
29 #1 Meatball soup Chicken cacciatore Roasted potato Italian green beans Fresh Fruit #2 Ham salad on rye	30 #1 Tuscan vegetable soup Baked pasta w/sausage & meatballs Greek cucumber salad Tropical fruit #2 Tossed salad w/chicken	Rethink Your Drink Sugary drinks are the leading source of added sugars. These drinks can lead to health problems. Such as weight gain, obesity, type 2 diabetes, heart disease, cavities & gout.	Dinner rolls are served with all meals	All menu items may contain nuts, seeds, beans, wheat bran, and other allergens. Funded in part by the US Administration on Aging and The Rhode Island Office of Healthy Aging.