

Melissa Bouvier, Director

November 2025

GLOCESTER SENIOR CENTER



November News

1210 Putnam Pike , Chepachet, RI 02814 401-567-4557 www.glocesterri.org

Need help paying
your residential
heating bills?

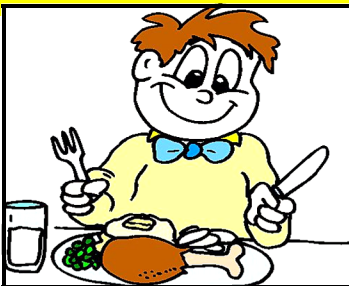
LIHEAP

May help income
eligible households
pay their heating bills,
offers weatherization
services, and may be
able to assist in
heating crisis situa-
tions. Ask me for info

LUNCH Reservations

Must be made by
Wednesday the week be-
fore you wish to eat.

(401) 567-4557



*****Reminder*****

Please do not come to
the Center if you are
sick or have any symp-
toms such as fever,
chills, coughing,
sneezing, runny nose
or a sore throat.



*Be sure to take a moment to reflect on the year ..
for all the blessings and bounty that we have in our
lives. It's so easy to focus on and get caught up in
the negative. Taking time to count our blessings
helps to keep things in perspective and elevate our
mood.*

*Join us on November 20th at noon. We will be
gathering with grateful hearts to enjoy a delicious
meal together:*

Roasted Squash and Carrot soup

Turkey with gravy & Stuffing

Cranberry sauce, Roasted vegetables

Mashed Potato, roll and Pie

**Bakers wanted for our
In-house “Bazaar” on
December 12th**



**Baked goods are due on
Dec 11th by 12:00 pm**

**Please sign up at the reception
desk. Thank you so much!**

**Trip Committee
Meeting**

November 5th

@ 1:30pm

**Let's plan our
2026 trip season with
memorable day trips**

**A heartfelt Thank you, to all
our Veterans and their
families.**

**Your sacrifice to protect and
defend our nation and liberty
warrant our most profound
gratitude.**



November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Please note New time for Bone Builders on Fridays 9:15 am
3. SHIP Counseling..... BA Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	4. Yoga.....9:30 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	5. Bone builders.....9:15 Mahjongg.....9:30 Centerpiece Class.....10:00 Keep Moving.....10:30 Cribbage.....1:00 Trip Committee meeting...1:30 Knitting.....2:00	6. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	7. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney...12:00-4:00 Cribbage.....1:00 Bingo.....1:30
10. SHIP Counseling..... BA Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	11. Closed in Observance Of Veterans Day	12. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Pool Tourm.....12:00-4:00 Book Club.....1:00 Cribbage.....1:00 Knitting.....2:00 KWV Meeting.....2:00	13. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	14. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Ice Cream Social.....12:30 Cribbage.....1:00 Bingo.....1:30
17. SHIP Counseling..... BA Co. Line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	18. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	19. Bone builders.....9:15 Mahjongg.....9:30 Crafting with Casey.....10:00 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	20. Thanksgiving Luncheon	21. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney.....12:00-4:00 Cribbage.....1:00 Bingo.....1:30
24. SHIP Counseling.....BA Co. Line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	25. Yoga.....9:30 Water Color.....10:30 NO Move it or lose it.....NO Samba.....1:00 Bingo.....1:30	26. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	27. 	28. 



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 #1 Kale & chickpea soup Tandoori chicken Golden rice pilaf w/fruit Green beans Oatmeal raisin cookie #2 Ham & cheese on wheat	4 #1 Chicken soup Shepards pie (peas, carrots, corn) Mashed potato Watermelon #2 Tuna salad plate	5 #1 Tomato cauliflower soup Baked chicken topped w/ Eggplant Bolognese Spanish rice Sliced peaches #2 Chef salad	6 #1 Tuscan white bean soup Roasted pork loin Sweet potatoes Cauliflower & Broccoli Fruit cocktail #2 Turkey sandwich on rye	7 #1 Vegetable barley soup Sloppy joe sandwich Roasted potatoes Cucumber salad Chocolate cake #2 Cobb salad
10 #1 Mushroom barley soup Creamy Dijon chicken Roasted zucchini, carrot & Potato Chocolate chip cookie #2 Egg salad on rye	11 Closed in Observance for Veterans Day	12 #1 Tomato soup Slow roasted pork & peppers Vegetable fried rice Sliced carrots Sliced pears #2 Seafood salad sandwich	13 #1 Chicken soup Pot roast w/ gravy Peas & onions Mashed potatoes Cake #2 Ham & cheese on wheat	14 #1 Broccoli & cheese soup Chicken cacciatore Roasted potatoes Garlic roll Sliced apples #2 Chef salad
17 #1 Minestrone soup Lasagna roll up w/ meat sauce Roasted sweet potatoes Mixed vegetables Tropical fruit #2 Tossed salad w/ chicken	18 Pizza	19 #1 Tuscan white bean soup Chicken Parm Roasted potatoes Green beans Yellow cake #2 Tuna salad plate	20 #1 Roasted squash & carrot soup Roasted turkey w/ gravy Stuffing /cranberry sauce Roasted vegetables Mashed potatoes Holiday pies	21 #1 Chicken soup Pub burger w/ cheese Cole slaw Corn ribs Watermelon #2 Chicken salad on wheat
24 #1 Lentil vegetable soup Sausage & pepper sandwich 3 bean salad Watermelon #2 Roast beef on roll	25 #1 Minestrone soup Oven roasted chicken Roasted potato Zucchini w/carrots Sliced pears #2 Chef salad	26 #1 Chicken soup Sauteed beef w/gravy Sweet potatoes Sweet corn Oatmeal cookie #2 Seafood salad sandwich	27 HAPPY THANKSGIVING	28 Closed

WELCOME!

Our suggested donation is \$3.00 per meal.
Lunch is served At 12:00 pm

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, bran and other potential allergens.

Please reserve your weekly meal choice(s) by noon on Thursday, monthly orders accepted, changes 48 hours in advance. EBT cards are accepted at the Social Street site!

Call 766-3734 for information.

SERVING SIZES

Grains – 2 ounces
Vegetables – ½ cup
Fruits – ½ cup
Protein – 3 ounces
Dairy – 1 cup

Save the Date
December 3rd
at 1:00 pm



Attorney **Paul A. Brule** will be here to discuss and answer your questions on how to protect yourself from nursing homes, probate and taxes. He will also be addressing topics such as Wills, Trusts, Powers of Attorney, Medicaid and other related concerns that you might have. He is a Rhode Island attorney with over thirty (30) years of experience, as well as the author of a monthly legal column in the Senior Digest. Come and meet the author!



Join Us!

**November 14th at
12:30**

**Sponsored by our friends
Bayberry Commons**

Crafting with Casey



**Join us in painting a
Gnome Elf
Christmas Ornament**

**November 19th at
10:00am**

RSVP space is limited

LET'S HAVE SOME FUN!!!

Glocester Senior Center Book Discussion 2025-2026

Second Wednesday of each month at 1:00pm



November 12	The Beekeeper's Apprentice, or, On the Segregation of the Queen by Laurie R. King.
December 10	Beautiful Country: A Memoir by Qian Julie Wang
January 14	Haven by Emma Donoghue
February 11	Apples Never Fall by Liane Moriarty
March 11	A Duty to the Dead by Charles Todd
April 8	This Dark Road to Mercy by Wiley Cash
May 13	Isola by Allegra Goodman
June 10	Remarkably Bright Creatures by Shelby Van Pelt

REMINDER

November 5th

@ 10:00 am

Thanksgiving Centerpieces
with SueAnn

(Class is full)



SENIOR CENTER CLOSINGS

Important info. regarding senior center closing & delayed openings, due to inclement weather or other issues. The decision to close or delay opening at the senior center is made by the Director in consultation with the Dept. of Public Works. Safety is our primary consideration when making a determination on whether to open or close during challenging situations.

We will post our status on The Glocester Senior Center Facebook page and also on RI Broadcasters as soon as we can evaluate the situation.

As always use your best judgement and don't come to the center if you are concerned about walking or driving in the snow. Let's stay safe!