

# November

| MONDAY                                                                                                                                          | TUESDAY                                                                                                                  | WEDNESDAY                                                                                                                                                                                               | THURSDAY                                                                                                 | FRIDAY                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                 |                                                                                                                          |                                                                                                                                                                                                         |                                                                                                          | Please note<br>New time for<br>Bone Builders<br>on Fridays<br>9:15 am                                                                                    |
| <b>3.</b><br><b>SHIP Counseling..... BA</b><br>Co. line dance.....9:30<br>Sewing Class.....10:00<br>Hi/ Lo Jack .....1:00<br>Scrabble.....1:00  | <b>4.</b><br>Yoga.....9:30<br>Water color.....10:30<br>Move it or lose it.....11:00<br>Samba.....1:00<br>Bingo.....1:30  | <b>5.</b><br>Bone builders.....9:15<br>Mahjongg.....9:30<br>Centerpiece Class.....10:00<br>Keep Moving.....10:30<br>Cribbage.....1:00<br>Trip Committee meeting...1:30<br>Knitting.....2:00             | <b>6.</b><br>Chair Yoga.....9:15<br>Pastel Art.....10:30<br>Meditation.....10:30<br>Hi Lo Jack.....1:00  | <b>7.</b><br>Mahjongg.....9:00<br>Bone Builders.....9:15<br>Keep Moving.....10:30<br>Pool Tourney...12:00-4:00<br>Cribbage.....1:00<br>Bingo.....1:30    |
| <b>10.</b><br><b>SHIP Counseling..... BA</b><br>Co. line dance.....9:30<br>Sewing Class.....10:00<br>Hi/ Lo Jack .....1:00<br>Scrabble.....1:00 | <b>11.</b><br><div>Closed in<br/>Observance<br/>Of<br/>Veterans Day</div>                                                | <b>12.</b><br>Bone builders.....9:15<br>Mahjongg.....9:30<br>Keep Moving.....10:30<br>Pool Tourn.....12:00-4:00<br>Book Club.....1:00<br>Cribbage.....1:00<br>Knitting.....2:00<br>KWV Meeting.....2:00 | <b>13.</b><br>Chair Yoga.....9:15<br>Pastel Art.....10:30<br>Meditation.....10:30<br>Hi Lo Jack.....1:00 | <b>14.</b><br>Mahjongg.....9:00<br>Bone Builders.....9:15<br>Keep Moving.....10:30<br>Ice Cream Social.....12:30<br>Cribbage.....1:00<br>Bingo.....1:30  |
| <b>17.</b><br><b>SHIP Counseling..... BA</b><br>Co. Line dance.....9:30<br>Sewing Class.....10:00<br>Hi/ Lo Jack .....1:00<br>Scrabble.....1:00 | <b>18.</b><br>Yoga.....9:30<br>Water Color.....10:30<br>Move it or lose it.....11:00<br>Samba.....1:00<br>Bingo.....1:30 | <b>19.</b><br>Bone builders.....9:15<br>Mahjongg.....9:30<br>Crafting with Casey.....10:00<br>Keep Moving.....10:30<br>Cribbage.....1:00<br>Knitting.....2:00                                           | <b>20.</b><br><div>Thanksgiving<br/>Luncheon</div>                                                       | <b>21.</b><br>Mahjongg.....9:00<br>Bone Builders.....9:15<br>Keep Moving.....10:30<br>Pool Tourney.....12:00-4:00<br>Cribbage.....1:00<br>Bingo.....1:30 |
| <b>24.</b><br><b>SHIP Counseling.....BA</b><br>Co. Line dance.....9:30<br>Sewing Class.....10:00<br>Hi/ Lo Jack .....1:00<br>Scrabble.....1:00  | <b>25.</b><br>Yoga.....9:30<br>Water Color.....10:30<br>NO Move it or lose it.....NO<br>Samba.....1:00<br>Bingo.....1:30 | <b>26.</b><br>Bone builders.....9:15<br>Mahjongg.....9:30<br>Keep Moving.....10:30<br>Cribbage.....1:00<br>Knitting.....2:00                                                                            | <b>27.</b><br>      | <b>28.</b><br>                                                      |